



ÉCOLE DES ROCHES  
SINCE 1899

# SUMMER CAMPS 2019

From June 16<sup>th</sup> to August 16<sup>th</sup> 2019

from 8 to 18 years old.



Language courses



Sports and activities



Cultural outings

Each year, École des Roches offers summer camps on its campus in Normandy, designed for young people from 8 to 18 years old. Since 2017, in addition to the classical programme (English or French courses), École des Roches has the pleasure of presenting a series of thematic courses in which language learning (English or French) is accompanied by intensive sports or cultural activities : Tennis, Flying, Etiquette or Cooking.



École des Roches

# CLASSIQUE PROGRAMME LANGUAGE, CULTURE & ACTIVITIES

(FROM 8 Y/O)

This programme is meant for young people expecting to learn or improve their language skills, while enjoying a set of varied cultural, touristic and sports activities. During their stay, students are accommodated, take classes and participate in activities on-campus.

## Language classes

The Language, culture & activities programme includes 20 language lessons per week. Attendees are distributed into different groups depending on their language skills. Teachers are weathered, well-trained native speakers with a long experience in teaching language to international audiences. At the end of the programme, the student will receive a course certificate along with an academic assessment report.



## Sports & activities

Afternoons, evenings and week-ends are devoted to various activities organized for participants, such as golf, tennis, swimming, badminton, football, dance, fitness, aqua fitness, basket-ball or handball. Students can practice horse riding and discover flying at a fee. The school also proposes lots of discovery workshops: cooking and pastry, creative arts, role play, board games, Sports Day, talent contest, barbecue, Disco Night, etc.

## Culture & tourism

Two full days are dedicated each week to excursions and outings, which are prepared in class with the faculty and monitored by teachers and housemasters. Children are given the chance to discover prestigious venues and famous places of historical value: Paris, Versailles, Deauville, Loire Castles, Mont Saint Michel, Le Mans, WWII landing beaches, etc.

## QUICK OVERVIEW

- 20 language classes/week
  - Small groups (10 to 15 students)
  - Native teachers
  - Various activities (sports, culture, social)
  - 2 days of excursion/week
- non contractual programme





## DATES AND FARES

Arrivals are scheduled every two weeks on Sundays and departures on Fridays.

### French Classique programme

2 weeks	3 weeks	4 weeks	5 weeks	6 weeks	7 weeks	8 weeks	9 weeks
16/06 - 28/06 30/06 - 12/07 14/07 - 26/07 28/07 - 09/08	16/06 - 05/07 30/06 - 19/07 14/07 - 02/08 28/07 - 16/08	16/06 - 12/07 30/06 - 26/07 14/07 - 09/08	16/06 - 19/07 30/06 - 02/08 14/07 - 16/08	16/06 - 26/07 30/06 - 09/08	16/06 - 02/08 30/06 - 16/08	16/06 - 09/08	16/06 - 16/08
2940 €	4240 €	5510 €	6655 €	7780 €	8720 €	9630 €	10700 €

### English Classique Programme

2 weeks	3 weeks	4 weeks	5 weeks
14/07 - 26/07 28/07 - 09/08	14/07 - 02/08 28/07 - 16/08	14/07 - 09/08	14/07 - 16/08
2940 €	4240 €	5510 €	6655 €

### Options

	Price	Time and place	registration
<b>T.C.F. French Language Proficiency Test for students aged 14 &amp; above.</b>	140 € (Includes registration fees, training & diploma posting by mail)	The exam will be taken on-campus in July 22nd of 2019	Fill in a registration form before end of June 2019
<b>FLYING</b>	Contact us	Booking upon arrival, depending on availability.	
<b>HORSE RIDING</b>	Contact us		

The school reserves the right to suspend, cancel or alter programmes if attendance does not meet minimum requirement.

## THEME-BASED PROGRAMMES LANGUAGE & SPORT OR LANGUAGE & CULTURE

(FROM 12 YEARS OLD)

This part of our offer combines language classes with the intensive practice of a specific activity, either sports or culture-oriented. Just like the Classique Programme, students are accommodated, take classes and, depending on their schedule, participate in activities on-campus.

### Language Classes

Language classes are identical to the Classique Programme (20 classes per week, supervision, Course Certificate & Academic Assessment) except for Flying programmes.

### Sports & activities

During their free time, attendees can enjoy all the equipment and activities offered on the school's campus. For sports activities, they can choose between golf, tennis, swimming, badminton, football, dance, fitness, aqua fitness, basket-ball, and handball. Horse riding and flying sessions are available at a fee. The school also proposes lots of discovery workshops: cooking and pastry, creative arts, role play, board games, Sports Day, talent contest, bbq, Disco Night, etc.

### Culture & tourism

Theme-based short stays include two full days of excursion each week, either along with Classique Programme students or specific to their activity.

## QUICK OVERVIEW

- For students. aged 12 to 18.
- 3 to 5 students per group
- 15 to 20 language classes/week
- Native teachers
- 20 to 25hrs of one specific activity
- 2 full days of excursion/week

non contractual programme

### Language & Tennis (intermediate to advanced levels, 12 to 18 y/o)

This programme is intended for young players practicing tennis on a regular or irregular basis. It aims at strengthening acquired skills, improve technique and meet other young French and international players. Students are trained by professional tennis instructors.

**Participants benefit from 1 to 1 coaching sessions during the whole training programme.** A placement test is carried out upon arrival and students placed into small groups of 2 to 4 students depending on their tennis proficiency. The level assessment is also used as a reference to design an individual improvement plan for the following weeks. If conditions and dates allow, students are given the opportunity to take up tennis matches off-campus.

The programme comprises 25hrs of tennis (training & matches) distributed over two weeks and covers the following items: physical and mental training, game basics, routines and technical skills, tactics, observation & practical game mindset.



### Language and Flying (4 weeks, from 15 y/o, mini. height 165cm)

For young plane enthusiasts, the school developed this exclusive programme to discover and learn flying on small private planes.

Students take language lessons in the mornings (15hrs a week) and afternoons are dedicated to aerial activities organized at the l'Aigle Flying Club, at short distance from the campus. At the end of the day, students reconvene with their fellow classmates and participate in sports and cultural activities along with the Classique Programme participants.

Flying training sessions take place in the 3 to 4 half-days a week and include theoretical classes (plane-related knowledge, meteorology, regulations, navigation), practice around the plane (aerodynamics, taxi, take-off, flight, curves, ascent, power management, flight over the school campus, stalling, landing), plane handling (lap flight, landing procedure, navigation basics).

**As a conclusion to the programme, students will have the opportunity to discover stunt flying and take a long flight over Normandy in a 4-persons private plane.**



## Language & Etiquette (12 to 18 y/o)

Created specifically for a young international audience eager to discover the secrets of the French way of life, this programme give students the keys to the cultural, behavioural and linguistic aspects of social life. The course programme comprises practical workshops and a solid -though playful- theoretical teaching.

Classes are given by professional contributors and weathered teachers specialized in intercultural communication. The course includes 7 teaching units on a series of subjects such as gastronomy & culinary arts, fashion, appearance & bearing, politeness and gallantry, ballroom dance, international etiquette, etc.

On one exclusive excursion, participants are given the opportunity to get a taste of the sophisticated environment of a high-end restaurant or palace (Deauville or Paris) and put in perspective real life situations with the course content.



## Language & Cooking (12 to 18 y/o)

Featured since 2010 on the Unesco World Intangible Heritage list, the French gastronomic meal was prized for the social and cultural aspects of this culinary tradition which forms an important part of the French identity.

Participants will be given the chance to learn how to cook themselves some of the most famous dishes and desserts which made the reputation of the French gastronomy such as macarons, Paris-Brest pastry, tarte tatin, choux pastries, etc.

**Cooking workshops will include:**

- A full multi-course French menu;
- A buffet dinner: canapes, petits fours, skewers...
- French-style desserts: Floating Island, chocolate mousse, panna cotta...
- Sweet treats a la française: cakes, financier, madeleine...

The programme will also afford the opportunity to learn the basics of pies and quiches, puff or shortcrust pastries, savoury and sweet choux pastry dishes.

The camp will end on a high note with a mystery outing where participants will discover a historical landmark of the French gastronomy and have the chance to experience a formal food tasting.



## DATES AND FARES

Arrivals are scheduled every two weeks on Sundays and departures on Fridays.

### Theme-based programmes

Tennis (2 weeks)	Flying (4 weeks)	Étiquette (2 weeks)	Cooking (2 weeks)
16/06 - 28/06	16/06 - 12/07	16/06 - 28/06	16/06 - 28/06
30/06 - 12/07	30/06 - 26/07	30/06 - 12/07	30/06 - 12/07
14/07 - 26/07	14/07 - 09/08	14/07 - 26/07	14/07 - 26/07
28/07 - 09/08		28/07 - 09/08	28/07 - 09/08
<b>3 590 €</b>	<b>7 820 €</b>	<b>3 650€</b>	<b>3 680 €</b>

### Options

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## PAYMENT METHODS

<b>Deposit</b>	A 1000 € deposit is required to confirm your reservation. The balance is due maximum 3 weeks before the beginning of the stay. You can pay by wire transfer or credit card (Visa & MasterCard).
<b>Cancellation</b>	The deposit will not be refunded if cancellation happens within 3 weeks before the beginning of the stay.
<b>Security Deposit</b>	A 300 € security deposit is required to cover possible unexpected expenses (medical expenses, damages to the school's equipment or special transfer from/to the airport). This security deposit will be secured by a pre-authorisation on your credit card. Any amount charged on the credit card will be announced in advance by email to the card owner.

## AIRPORT TRANSFERTS

<b>ARRIVALS</b> Sundays only, every 2 weeks	<b>DEPARTURE</b> Fridays only
Teachers and supervisors welcome students at the airport arrival exit with a board sign « Ecole des Roches » for flights arriving at: - ORLY airport between 10am & 1pm ; - CHARLES-DE-GAULLE airport between 10am & 3pm.	Teachers and supervisors will accompany students back to the airport and help them proceed with check-in formalities for flights leaving from: - ORLY airport between 11am & 1pm ; - CHARLES-DE-GAULLE airport between 11am & 3pm.

**SUPPLEMENT** *Any transfer on another date or time slot will be charged 200 €.  
Any early arrival or late departure resulting in extra days on campus will be charged 140 € per day.*

## OUTFIT

Students are asked to bring the following items: underwear, trousers or skirts, tee-shirts, warm sweater, raincoat, pyjamas, hand and bath towels, swimsuit, toilet bag. For sports activities, make sure to have indoor sports shoes, tennis or ping pong racket & balls. If necessary, do prepare horse riding outfit: trousers and boots.

For the Language & Etiquette Programme, students are required to bring a proper attire (jacket, trousers, white shirt & tie for young men; suit, blouse and scarf).

The school will provide laundry service, provided student's outfit is properly marked.

## ACCOMODATION & FOOD

Participants are accommodated on-campus in big traditional Normandy houses, in 2 to 8-persons bedrooms, supervised by housemasters. Meals are taken together in the school's restaurant. On excursion days, meals are adapted to the venue: either picnic or fast-food.

## SAFETY & REGULATIONS

**Safety** : the school's campus is guarded day and night. Young participants are supervised and monitored 24h a day by adults (housemasters, teachers, or instructors, 1 adult per 10 students on average).

**Exclusion** : Tobacco, alcohol, illegal substances, and theft are strictly forbidden at École des Roches. Any transgression will be punished by immediate exclusion of the student.

**Contact École des Roches**  
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